



528 N. Hyatt Street

PO BOX 376

Tipp City, OH 45371

Phone: (937) 667-8865

Web: www.tippcityseniors.org

Program Coordinator: Judy Purvis

E-mail: office@tippcityseniors.org

Tipp Monroe Senior Center Hours

9:00 a.m. – 4:00 p.m.

"Our mission is to promote service, education and recreation to and among senior citizens in the greater Tipp City and Monroe Township areas and surrounding counties."

July & August

TRUSTEES FOR 2026

Joanna Pitenger, President

Debbie Brown, 1st Vice President

Chris Swank, 2nd Vice President

Pam Hale, Secretary

Pam Golden, Cor.Secretary

Judy Purvis, Treasurer

Carol Magato

Pat McFarland

Steve Minnich



Member Appreciation

Alice Haver is an inspiration to everyone by being in her 90s and still attending woodcarving, crafts, and other activities. She also helps plant flowers at the center!



Past Activities



Mother's Day



250th Celebration

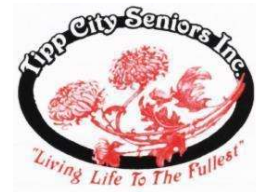


Father's Day



Trip to Amherst Greenhouse

Message From the President



I hope everyone is staying cool & doing well.

Construction is coming along as scheduled. Soon they will be opening up some of the existing walls. Please be patient with any noise, mess or dust. It's all part of the process but we will try to be as accommodating as possible. Please notify the office with any concerns.

We have some new events that we are excited about. There will be a leather making class and monthly reflexology sessions. Brandon Lavy is an experienced leather maker who will help us create a new skill. Harold Sargent, reflexologist in Troy, is offering basic sessions at the Center. Please see the sign up sheet for more info.

Our beloved lunch lady, Cindy Jones, has been trying new menu items for the lunches. We appreciate all her efforts and hope you are enjoying the variety. Thank You Cindy!

In observance of the July 4th holiday, the Center will be closed on Friday July 3rd. Hope you have a fun safe holiday.

Enjoy the Summer!

Joanna

Special Notes

The Young at Art group will have an Art Exhibit during the month of August in the lobby of the Center. Stop by and see all the beautiful art pieces created by our art members. Their art will also be available for purchase.

Please note that **Bunco** has had a time change and will now be starting at **2 PM**.

VOLUNTEERS NEEDED - Do you like to work in the garden? The Center needs help with watering the plants along with weeding. There is a watering can tucked by the front hose reel and spigot for your convenience. Any help will be greatly appreciated.

WELCOME NEW MEMBERS! We have had new members since our last newsletter. Please introduce yourselves and make them feel welcome:

MARY SHOCK, BRENDA DAVIS, PAULA LANTZ, AMY MEDARIS, ROBERT STRAUS, CARRIE TROTTER

We will no longer be accepting used batteries.

Special Events

PILATES CLASS - EVERY MONDAY JULY 13 TO AUG 24 AT 11:30 AM - The instructor is Molly Chapleau from Inhabit Yoga. NO floor routines for the class. The cost will be \$60 per 6 week session with a limit of 12 participants per session. Please see the sign up sheet if interested. NO AUG 3 CLASS

STRETCH & FLEX - EVERY WEDNESDAY AT 9 AM - This exercise program taught by new member, Therese Reed, who is a retired nurse and certified for the class. The routine follows the Arthritis Foundation.

TAI CHI - TWO SESSIONS COMING UP: JULY 7 - AUG 4 (5 WK); AND AUG 18 - SEPT 22 (6 WK) AT 9:30. Cost Is \$80 with a limit of 20 . TAI CHI Is Great For Balance. If Interested & New To Program, Please Check In Office.

SPA SKIN CARE - TUESDAY JULY 7 @ 1 PM - Come learn some skin care tricks with Melanie Bell and enjoy a virgin Mimosa & snack. Limit of 10.

LEATHER MAKING CLASS - WED, JULY 8 & AUG 12TH @ 1:00 PM - Brandon Lavey will be back for beginning leather making. The project and cost is to be determined. Please see sign up sheets.

CAREGIVER: HOW MUCH HELP IS NEEDED? - WEDNESDAY JULY 15 11 AM - 12 PM. This is a zoom presentation by the Area Agency on Aging that will be available at the Center. The free online workshop to learn simple, practical self-care strategies you can fit into even the busiest caregiving schedule. Please see the sign up sheet.

RESCUE ME QUARTER AUCTION - SATURDAY JULY 18 DOORS OPEN 5 PM START AT 6 PM - Come support this local animal rescue & have fun. Concessions available. A baked good donation will be greatly appreciated. Proceeds from the concessions will benefit the Center.

ICE CREAM SOCIAL - WEDNESDAY JULY 22 AT 2:30-4 PM - Ohio Living is going to sponsor our annual event this year. Come enjoy your favorite ice cream & your favorite toppings with all friends at the Center. Entertainment will be provided.

SURPRISE & DELIGHT - WEDNESDAY JULY 29 AT 1 PM - Judy Malafa will surprise us with a fun creation.

REFLEXOLOGY - THURSDAY JULY 30 AND TUESDAY AUG 18 The basic 20 minute sessions will continue in July & August. Cost is \$20 per session. Please see sign up sheets.

\$5 BREAKFAST - FRIDAY AUG 7 AT 10AM- Come join us for breakfast! Note the different time! No need to bring anything but yourself. Cost will be \$5. Menu: Breakfast Burritos (cheese & egg, some with sausage), Hashbrowns, French Toast Casserole, Ham, Danishes, Fruit, and Juice.

SOAP MAKING CLASS - THURSDAY AUGUST 13 AT 10 AM - New member Teresa Ellis will show us how to make soap. There will be a \$5 fee and limit of 8.

CAREGIVER: WE NEED TO TALK! - WEDNESDAY AUGUST 19 AT 11 AM - 12 PM. This is a zoom presentation by the Area Agency on Aging that will be available at the Center. The free online workshop will discuss conversation opportunities for the support you need. Please see the sign up sheet

BLOOD DRIVE - FRIDAY AUGUST 28 FROM 1-3 PM - Versiti Blood Center will be here for blood donations. Minimum of 10 participants needed.

TECH HELP - THURSDAY JULY 9 & AUGUST 13 FROM 1-3 PM (½ hour time slots). Eric from the Tipp City Library will be here to help with questions or problems with cell phones, tablets, or computers. Please see sign up sheets.

Lunch & Learns

- **DRONES** - TUES, JULY 14 @ 11:30 - Sheriff Duchak & his guest will provide a presentation & demonstrate how a drone works along with important uses. Lunch to be provided by the center.
- **ADULT GRIEF** - WED, JULY 15 @ 11:30 - Amber Collins from Everheart Hospice will provide information on grief affects caregivers, hospice caregivers & within your personal life. Amber will also provide lunch.
- **FIRST LIGHT HOME CARE**- TUES, JULY 21 @ 11:30 AM - Chase will discuss services provided by First Light. He will also provide lunch.
- **GRATITUDE & MENTAL WELLNESS** - TUES, JULY 28 @ 11:30 AM - Sponsored by Goodwill Easter Seals. Lunch to be provided by the center.
- **ALZHEIMERS ASSOCIATION** - TUES, AUGUST 4 @ 11:30 AM - Holly Lopez will discuss the 10 warning signs of Alzheimers and the difference between Alzheimer's and Dementia. Lunch to be provided
- **PRIVATE HOME VS NURSING CARE** -WED, AUGUST 5 @ 11:30 AM - Tim Fleenor from Countryside Living Elderly Home Care will explain each and their costs. Tim will provide lunch.
- **WRIGHT PATT CREDIT UNION** - TUES, AUGUST 11 @ 11:30 AM - Tiffany Wall from the Tipp City branch of Wright Patt will provide an explanation of their services & products. Tiffany will provide lunch.
- **HEALTHY AGING**- TUES, AUGUST 25 @ 11:30 - Tim Lusk from Keystone Wellness will explain how to improve energy, mobility, recovery, sleep, circulation, mental clarity and overall quality of life without drugs & through a combination of functional approaches and non-invasive technologies. Tim will provide lunch.

Thursday Carry-in Lunches at 12 P.M.

THURS, JULY 9 - GRILLED HAMBURGERS & SAUSAGES/BRATS ***QUILT RAFFLE***

THURS, JULY 23 - \$5 MEAL: CHICKEN & FISH, MAC & CHEESE, PEAS, DESSERT.
AFTER LUNCH GAME(S) BY DEE FOR YOUR ENTERTAINMENT.

THURS, AUG 13 - TURKEY HOT SHOTS & SHRED PORK SANDWICHES WITH CHEESY POTATOES.
ADAM HOWARD, NEW TIPP FIRE CHIEF WILL VISIT.

THURS, AUG 27 - \$5 MEAL: CHINESE EXTRAVAGANZA MENU: CHOW MEIN NOODLES, FRIED RICE, EGG ROLLS, CRAB RANGOON, DESSERT - AFTER LUNCH GAMES(S) BY DEE FOR YOUR ENTERTAINMENT.

PLEASE REMEMBER TO SIGN UP !!

QUILT RAFFLE - THURSDAY JULY 9 DURING CARRY-IN LUNCH. The Quilt Group will be raffling off another Patriot Quilt. Tickets are \$1 each or \$5 for 6 tickets.



DEE'S JOKE: Why do you not eat a clock??

Weekly/Monthly Activities

- **HAND & FOOT**- First & Third Friday at 1:00 p.m. Sign up in the lobby.
- **MAH JONG** - The Mah Jong group plays every Monday at 1 p.m. and they welcome new members to join them. Lessons are available.
- **LINE DANCE** - Our Line Dance Instructors are here every Wednesday morning at 10am. Come by and join our group! The instructors are Debbie and Steve Minnich.
- **BOARD GAMES** – We will be playing board games on the third Wednesdays, at 1:00 p.m.
- **THE CRAFT GROUP** – Is a busy and fun group getting together every Tuesday from 10am -1pm. Drop by and see what they are up to. They have designated the third Tuesday of the month as "Bring your Own Craft" Day!
- **BUNCO** –Third Thursdays at 2:00 p.m. Debbie Minnich will lead the Bunco games. There will be prizes!
- **QUILT GROUP**– The group gets together every Wednesday morning 10 a.m. to 1:00 p.m. New quilters are always welcome. Come and learn!
- **YOUNG AT ART GROUP**- This group is always doing beautiful work and is always open for new artists to join the group. They meet on Thursdays at 2:00 pm.
- **EUCHRE** - Second Saturday of each month at 6:00 p.m.
- **COFFEE & DOUGHNUTS** - First Wednesday of each month at 10:00 for anyone that wants to come in and chat with other members while enjoying their coffee and doughnuts.
- **WOODCARVING** - The woodcarving group welcomes new members to learn a new hobby. They meet on the 2nd, 3rd & 4th Fridays at 10:00 a.m. The materials are free and tools are provided.
- **BINGO** - Thursdays July 2 & August 6 at 11:00. Sponsored by the Center. See bulletin board for new rules.
- **LET'S PLAY POOL** - Every Thursday & Friday 9:00-12:00 and Wednesday at 11:00. This is a weekly competition for.....Player of the Week! No fees or money are involved.
- **POOL TABLE** – The pool table is available if there is no activity scheduled in the Rec Room. Members may call the office to check for availability.
- **LADIES EUCHRE**- They meet the *Third* Tuesday of each month at 1 p.m. \$2.00 to play.
- **FIVE CROWNS CARD GAME** - meets on the 2nd and 4th Wednesdays at 1:00 p.m. Sign up to learn how to play.
- **MEDITERRANEAN** Healthy Lifestyle Group meets on the 2nd & 4th Monday at 3:00
- **CARDIO DRUMMING** -Tuesdays at 2p.m.
- **DOMINOES/MEXICAN TRAIN**- 2nd & 4th Thursdays at 1:30 p.m.
- **BOOK CLUB- THIRD THURS. 1 PM**
JULY -The Thread Collectors, by Shaunna Edwards & Alyson Richman.
AUG-The Rose Code, by Kate Quinn
- **CLASSES WITH CAROL MAGATO**
 - **Diamond Painting** - Every Friday at 1:00
 - **Beading Class** - Wednesday July 1 & 15, August 12 & 26 at 1:00
 - **Card Classes** - Thursday July 9 & 23, August 13 & 27 at 1:00
- **STAMPIN UP CLASS WITH ANNE**
\$3 (Limit 12)
 - Tuesday July 14 & August 11 at 1:00
- **CLASSES WITH DEE**
 - **Watercolor** - Monday July 6 & 20, August 3 & 17 at 10:00
- **GAME DAY WITH SUE**
 - Thursday August 6 at 1:00
- **CERAMICS WITH MINDY**
 - Friday July 24 at 1:00 - Lady Bugs \$10
 - Friday August 28 at 1:00 - Frog \$20

GET WELL & FEEL BETTER

Wishes to all those members who are ill: Marci Utt, Hank Myers, Pam Hale, Barb DeAngelis, Carol Huelskamp, Dick Mosier, Phyllis Hale, Karen Dillon, Howard Earles, Dee Gillis, Shirley Shope.



SINCERE SYMPATHY TO THE FAMILIES OF:

Jack Monroe

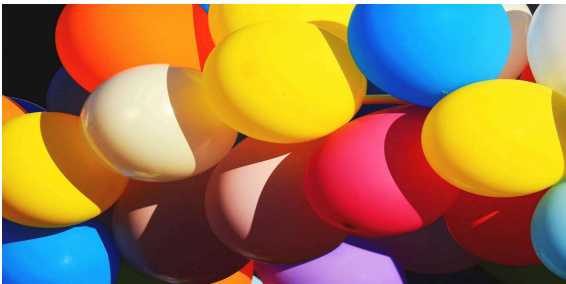
Jerry Miller

Shirley Rawlins



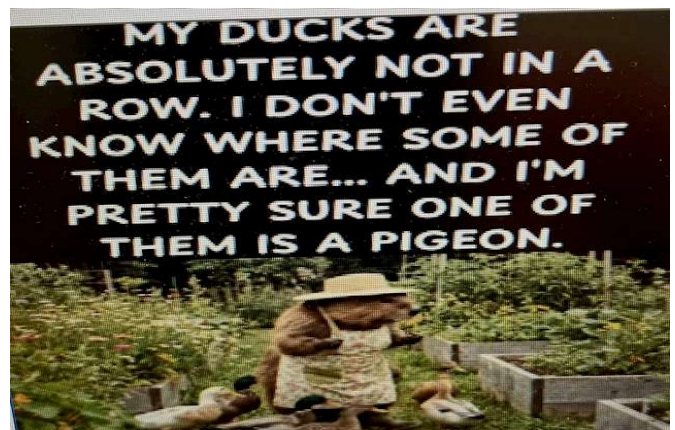
BIRTHDAYS & ANNIVERSARIES

Special wishes to Ron & Sue Ann Re' on their 60th anniversary!



Well wishes, thoughts, & prayers to all who are going through untold situations

Not to brag, but I just walked into a room and totally remembered what I went in there for.



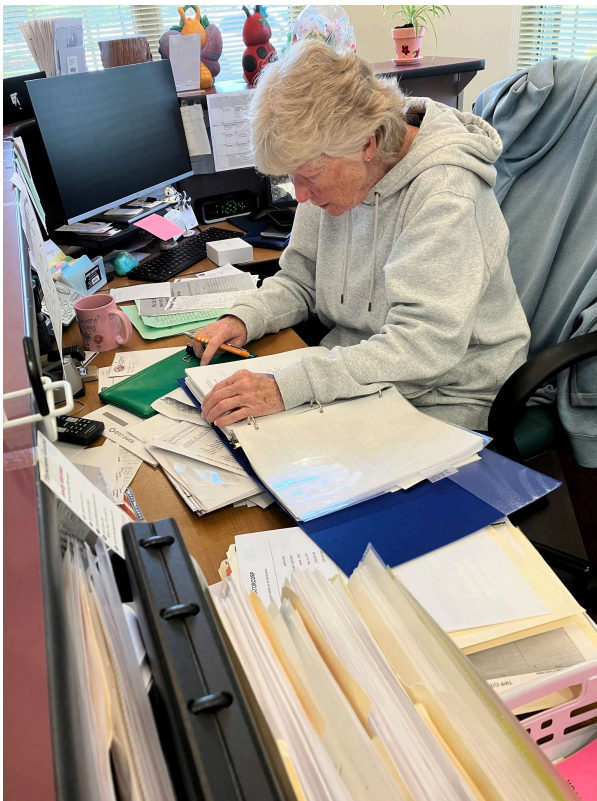
Volunteer Spotlight

THANK YOU! THANK YOU! Special thank you to all our wonderful volunteers who give their time to our center!

SPOTLIGHT ON:

JUDY PURVIS

Thanks for all you do!



Judy's been with us a little over a year now and is doing a fantastic job! She puts her heart and soul into her work and no one has a messier desk than her!

Sponsors

Special thanks to our sponsors

